

Nodaway Valley High School March 2025


Monday

Tuesday

Wednesday

Thursday

Friday

<p>3 BREAKFAST-Juice, Milk Breakfast Pizza* or Long John* LUNCH-Meatball Sub* Tater Tots Baked Beans Fresh Apple Milk</p>	<p>4 BREAKFAST-Juice, Milk French Toast* or Breakfast Bites* LUNCH-Chicken Nuggets* Mashed Potatoes/Gravy Baby Carrots Dinner Rolls* Mandarin Oranges/Milk</p>	<p>5 BREAKFAST-Juice, Milk Brfst Egg Pizza* or Long John* LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Savory Carrots Cucumber Slices Rosy Applesauce/Milk</p>	<p>6 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* or Frudel* LUNCH-Confetti Pancakes* Egg Omelet Hashbrowns/Celery Sticks Banana Milk</p>	<p>7 BREAKFAST-Juice, Milk Breakfast Sandwich* or UBR* LUNCH-Fish Nuggets* Macaroni* & Cheese Green Beans/Red Pepper Strips Strawberries & Peaches Milk</p>
<p>10 BREAKFAST-Juice, Milk Breakfast Pizza* or Long John* LUNCH-BBQ Rib/Bun* Potato Wedges Baked Beans Blushing Pears Milk</p>	<p>11 BREAKFAST-Juice, Milk French Toast* or Breakfast Bites* LUNCH-Cowboy Cavatini Steamed Corn Cucumber Slices Garlic Knot* Mandarin Oranges/Milk</p>	<p>12 BREAKFAST-Juice, Milk Brfst Egg Pizza* or Long John* LUNCH-Rodeo Burger/Bun* Onion Rings Broccoli w/Cheese Sauce Rosy Applesauce Milk</p>	<p>13 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* or Frudel* LUNCH-Chicken Alfredo* Mixed Vegetables Cucumber Slices Garlic Knot* Fresh Fruit/Milk</p>	<p>14 BREAKFAST-Juice, Milk Breakfast Sandwich* or UBR* LUNCH-Cheese Pizza* Savory Carrots Red Pepper Strips Diced Peaches Fruit Slushie/Milk</p>
<p>17 BREAKFAST-Juice, Milk Breakfast Pizza* or Long John* NO LUNCH Parent-Teacher Conferences 1:00-9:00 Four-Hour Early Dismissal</p>	<p>18 NO SCHOOL Spring Break</p>	<p>19 NO SCHOOL Spring Break</p>	<p>20 NO SCHOOL Spring Break</p>	<p>21 NO SCHOOL Spring Break</p>
<p>24 BREAKFAST-Juice, Milk Breakfast Pizza* or Long John* LUNCH-Italian Sub* w/Cheese Tater Tots Green Beans Warm Cinnamon Apples Milk</p>	<p>25 BREAKFAST-Juice, Milk French Toast* or Breakfast Bites* LUNCH-Baked Potato/Diced Ham Cheese Sauce Steamed Broccoli Dinner Rolls* Mandarin Oranges/Milk</p>	<p>26 BREAKFAST-Juice, Milk Brfst Egg Pizza* or Long John* LUNCH-Chicken Potstickers* Rice (Brown)*/Cooked Carrots Red Pepper Strips BB Sandwich* Rosy Applesauce/Milk</p>	<p>27 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* or Frudel* LUNCH-Pulled Pork/Bun* Potato Wedges Creamy Cole Slaw Fresh Fruit Milk</p>	<p>28 BREAKFAST-Juice, Milk Breakfast Sandwich* or UBR* LUNCH-Cheesy French Bread Pizza*/w Marinara Sauce Baked Beans Baby Carrots Pineapple Tidbits/Milk</p>
<p>31 BREAKFAST-Juice, Milk Breakfast Pizza* or Long John* LUNCH-Tangerine Chicken* Rice (Brown)*/Cooked Carrots Fresh Cauliflower BB Sandwich* Blushing Pears/Milk</p>		<p><i>Menus Subject to Change</i></p> <p><i>*Denotes Whole Grain</i></p>	<p><i>Parents may deposit money to their student's meal account in JMC Parent.</i></p> <p><i>Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org</i></p>	

NV Schools offer skim, 1% white milk and chocolate skim milk daily.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fruit or vegetable.

Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch including Romaine or Butterhead Lettuce and Baby Carrots.

This institution is an equal opportunity provider.