Nodaway Valley Middle School November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Ö		Menus Subject to Change	Parents may deposit money to their student's meal account	1 BREAKFAST-Juice, Milk Long John* & Fruit
NOVE	RED	Milk and Juice Served with Breakfast Milk Served with Lunch	with PaySchools, a secure online payment system. Click on the PaySchools link on the Nodaway Valley web site at www.nodawayvalley.org	LUNCH-Fiestada* Mixed Vegetables Cucumber Slices Strawberries & Peaches Milk
4 BREAKFAST-Juice, Milk	5 BREAKFAST-Juice, Milk	6 BREAKFAST-Juice, Milk	7 BREAKFAST-Juice, Milk	8 BREAKFAST-Juice, Milk
Ultimate Breakfaast Round* & Fruit	French Toast* & Fruit	Sausage Gravy & Biscuit* & Fruit	Breakfast Pizza* & Fruit	Breakfast Sandwich* & Fruit
LUNCH-Macaroni* & Cheese	LUNCH-Popcorn Chicken* Bowl	LUNCH-Cheesy French Bread	LUNCH-BBQ Rib/Bun*	LUNCH-Crispito*
Savory Carrots	(Includes Mashed Potatoes, Gravy,	Pizza* w/Marinara Sauce	Baked Beans	Mixed Vegetables
Fresh Cauliflower	Corn, Popcorn Chicken & Cheese)	Romaine Lettuce/Dressing	Cucumber Slices	Baby Carrots
BB Sandwich*	Dinner Roll*	Green Beans	Fresh Fruit	BB Sandwich*
Blushing Pears/Milk	Mandarin Oranges/Milk	Rosy Applesauce/Milk	Milk	Diced Peaches/Milk
11 BREAKFAST-Juice, Milk	12 BREAKFAST-Juice, Milk	13 BREAKFAST-Juice, Milk	14 BREAKFAST-Juice, Milk	15 BREAKFAST-Juice, Milk
Breakfast Bites* & Fruit	French Toast* & Fruit	Sausage Gravy & Biscuit* & Fruit	Breakfast Pizza* & Fruit	Long John* & Fruit
LUNCH-Chicken Patty*/Bun*	LUNCH-Chicken Bacon Ranch Pasta*	LUNCH-Bosco Cheese Sticks*	LUNCH-Confetti Pancakes*& Fruit	LUNCH-Pizza*
French Fries	Green Beans	w/Marinara Sauce	Egg Omelet	Corn
Fresh Broccoli	Cucumber Slices	Baked Beans	Hashbrowns/Baby Carrots	Red Pepper Strips
Blushing Pears	Garlic Knot*	Cucumber Slices	Banana	Strawberry Cup
Milk	Mandarin Oranges/Milk	Rosy Applesauce/Milk	Milk	Milk
18 BREAKFAST-Juice, Milk	19 BREAKFAST-Juice, Milk	20 BREAKFAST-Juice, Milk	21 BREAKFAST-Juice, Milk	22 BREAKFAST-Juice, Milk
Ultimate Breakfaast Round* & Fruit	French Toast* & Fruit	Sausage Gravy & Biscuit* & Fruit	Breakfast Pizza* & Fruit	Breakfast Sandwich* & Fruit
LUNCH-Hot Ham & Cheese/Bun*	LUNCH-Turkey Gravy	LUNCH-Corn Dog*	LUNCH-Cheesy Chicken Rotini	LUNCH-Super Nachos*
Broccoli w/Cheese Sauce	Mashed Potatoes	Sweet Potato Fries	Mixed Vegetables	w/Lettuce & Queso Cheese
Cucumber Slices	Green Bean Casserole	Cucumber Slices	Baby Carrots	Refried Beans
Fruit Cocktail	Dinner Roll*/Stuffing	Rosy Applesauce	Garlic Toast*	Red Pepper Strips
Milk	Warm Cinnamon Apples/Milk	Milk	Fresh Fruit/Milk	Strawberry Cup/Milk
25 BREAKFAST-Juice, Milk	26 BREAKFAST-Juice, Milk	27	28	29
Breakfast Bites* & Fruit	French Toast* & Fruit			
LUNCH-Chicken Strips*	LUNCH-Hot Dog/Bun*	NO SCHOOL	НАРРУ	NO SCHOOL
Baked Beans	Potato Wedges		THANKSGIVING!	
Fresh Broccoli	Cucumber Slices			
BB Sandwich*	Applesauce Cup			7
Blushing Pears/Milk	Milk			F

NV Schools offers skim, 1% white milk and chocolate skim milk daily.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fruit, Juice & Milk or 2 pieces of Toast, Juice & Milk.

NV Middle School offers baked and kettle cooked chips, WG rice krispie bar etc. as ala carte items that can be purchased.

Romaine Lettuce/Lite Ranch Dressing and Baby Carrots offered daily.

This institution is an equal opportunity provider.