

# Nodaway Valley Elementary School August 2024

Monday

Tuesday

Wednesday

Thursday

Friday

<p><i>Parents may deposit money to their student's meal account in JMC Parent. Click on the JMC Parent tab under Parents on the Nodaway Valley web site at <a href="http://www.nodawayvalley.org">www.nodawayvalley.org</a></i></p>			1	2
<p>The Free and Reduced Meals Application is available online or at any office. Ask for information by calling the Superintendent's Office at 641-630-1042 or e-mail <a href="mailto:jstender@nodawayvalley.org">jstender@nodawayvalley.org</a>.</p>				
5	6	7	8	9 <i>Menus Subject to Change</i>  <i>*Denotes Whole Grain</i>  <i>Extra Milk is 50 cents (with a sack lunch from home)</i>
12	13	14	15	16
19	20	21	22	23 BREAKFAST-Juice, Milk Mini Donuts* & Fruit LUNCH-Chicken Patty*/Bun* Baked Beans Baby Carrots Strawberry Cup Milk
26 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Savory Carrots Baby Carrots Blushing Pears/Milk	27 BREAKFAST-Juice, Milk Frudel* & Fruit LUNCH-Chicken Nuggets* Mashed Potatoes/Gravy Cucumber Slices Dinner Roll* Mandarin Oranges/Milk	28 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Deli Turkey/Cheese/Bun* Green Beans Baby Carrots Rosy Applesauce Milk	29 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-BBQ Rib/Bun* Baked Beans Cucumber Slices Fresh Fruit Milk	30 BREAKFAST-Juice, Milk Mini Donuts* & Fruit LUNCH-Cheese Pizza* Romaine Lettuce/Dressing Baby Carrots Diced Peaches Milk



NV Schools offer skim white milk, 1% white milk and chocolate skim milk.  
 Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.  
 HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fruit or vegetable.  
 Breakfast option offered daily: Cereal, Toast, Juice & Milk.  
 This institution is an equal opportunity provider.

