

Nodaway Valley Elementary School October 2024

Monday

Tuesday

Wednesday

Thursday

Friday

<p><i>Menus Subject to Change</i></p> <p><i>*Denotes Whole Grain</i></p> <p><i>Extra Milk is 50 cents (with a sack lunch from home)</i></p>	<p>1 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit</p> <p>LUNCH-Chicken Strips* Mashed Potatoes/Gravy Cucumber Slices Dinner Roll* Mandarin Oranges/Milk</p>	<p>2 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit</p> <p>LUNCH-Hamburger or Cheeseburger Bun*/Baked Beans Baby Carrots Rosy Applesauce Milk</p>	<p>3 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit</p> <p>LUNCH-Italian Sub* w/Cheese Potato Wedges Cucumber Slices Fresh Fruit Milk</p>	<p>4 BREAKFAST-Juice, Milk Caramel Mini Cinnis* & Fruit</p> <p>LUNCH-Walking Taco* Romaine Lettuce/Dressing Baby Carrots Cherry Sidekick Milk</p>
<p>7 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit</p> <p>LUNCH-BBQ Rib/Bun* Baked Beans Baby Carrots Blushing Pears Milk</p>	<p>8 BREAKFAST-Juice, Milk Frudel* & Fruit</p> <p>LUNCH-Chicken Drumstick* Mashed Potatoes/Gravy Cucumber Slices Dinner Roll* Fruit Cocktail/Milk</p>	<p>9 BREAKFAST-Juice, Milk Fruit Loop Waffles* & Fruit</p> <p>LUNCH-Cheesy French Bread Pizza* w/Marinara Sauce Romaine Lettuce/Dressing Baby Carrots Rosy Applesauce/Milk</p>	<p>10 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit</p> <p>LUNCH-Blueberry Waffles* Egg Omelet Hashbrowns/Baby Carrots Banana Milk</p>	<p>11 BREAKFAST-Juice, Milk Cinnamon Mini Cinnis* & Fruit</p> <p>LUNCH-Cheesy Pull-Aparts Pizza* w/Marinara Sauce Green Beans Cucumber Slices Pineapple Tidbits/Milk</p>
<p>14 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit</p> <p>LUNCH-Chicken Patty*/Bun* French Fries Fresh Broccoli Blushing Pears Milk</p>	<p>15 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit</p> <p>LUNCH-Scalloped Potatoes & Ham Romaine Lettuce/Dressing Baby Carrots Dinner Roll* Mandarin Oranges/Milk</p>	<p>16 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit</p> <p>LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Savory Carrots Cucumber Slices Rosy Applesauce/Milk</p>	<p>17 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit</p> <p>LUNCH-Sloppy Joes/Bun* Baked Beans Baby Carrots Fresh Fruit Milk</p>	<p>18 BREAKFAST-Juice, Milk Ultimate Breakfast Round* & Fruit</p> <p>LUNCH-Cheese Pizza* Green Beans Cucumber Slices Diced Peaches Milk</p>
<p>21 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit</p> <p>LUNCH-Saucy Meatballs Green Beans/Baby Carrots Garlic Toast* Blushing Pears Milk</p>	<p>22 BREAKFAST-Juice, Milk Frudel* & Fruit</p> <p>LUNCH-Grilled Cheese Sandwich* Cherry Yogurt Potato Wedges Cucumber Slices Rosy Applesauce/Milk</p>	<p>23 BREAKFAST-Juice, Milk Fruit Loop Waffles* & Fruit</p> <p>LUNCH-Hot Dog/Bun* Baked Beans Baby Carrots Applesauce Cup Milk</p>	<p>24 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit</p> <p style="text-align: center;">NO LUNCH</p> <p style="text-align: center;">Parent-Teacher Conferences 1:00-9:00</p> <p style="text-align: center;">Four-Hour Early Dismissal</p>	<p>25</p> <p>NO SCHOOL</p>
<p>28 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit</p> <p>LUNCH-Mini Corn Dogs* Savory Carrots Fresh Broccoli Blushing Pears Milk</p>	<p>29 BREAKFAST-Juice, Milk Dutch Waffle* & Fruit</p> <p>LUNCH-Shrimp Poppers* Broccoli w/Cheese Baby Carrots/Lite String Cheese Cinnamon Roll* Fruit Cocktail/Milk</p>	<p>30 BREAKFAST-Juice, Milk Cinnamon Toast Waffles* & Fruit</p> <p>LUNCH-Popcorn Chicken* Baked Beans Cucumber Slices BB Sandwich* Rosy Applesauce/Milk</p>	<p>31 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit</p> <p>LUNCH-Zombie Brains Skeleton Fingers Vampire Veggie Freaky Fruit Chilling Milk</p>	<p><i>Parents may deposit money to their student's meal account in JMC Parent.</i></p> <p><i>Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org</i></p>

NV Schools offer skim white milk, 1% white milk and chocolate skim milk.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Juice & Milk.

This institution is an equal opportunity provider.

October 31st menu is Pulled Pork/Bun*, French Fries, Baby Carrots, Fresh Fruit & Milk.

