

Nodaway Valley Middle School April 2025

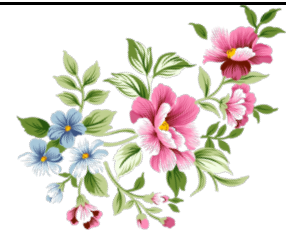
Monday

Tuesday

Wednesday

Thursday

Friday

<i>Menus Subject to Change</i> <i>*Denotes Whole Grain</i>	1 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Popcorn Chicken* Bowl (Includes Mashed Potatoes, Gravy, Corn, Popcorn Chicken & Cheese) Dinner Roll* Mandarin Oranges/Milk	2 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Meatball Sub* Tater Tots Baked Beans Fresh Apple Milk	3 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Confetti Pancakes* Egg Omelet Hashbrowns/Celery Sticks Banana Milk	4 BREAKFAST-Juice, Milk Long John* & Fruit LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Green Beans Cucumber Slices Strawberries & Peaches/Milk
7 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Chicken Patty*/Bun* Potato Wedges Fresh Broccoli Frozen Fruit Cup Milk	8 BREAKFAST-Juice, Milk Breakfast Bagel* & Fruit LUNCH-Spaghetti & Meatballs Green Beans Cherry Tomatoes Garlic Toast* Mandarin Oranges/Milk	9 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Hamburger or Cheeseburger Bun*/Broccoli w/Cheese Sauce Red Pepper Strips Rosy Applesauce Milk	10 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Grilled Chicken Bacon Ranch/Bun* Baked Beans Cucumber Slices Fresh Fruit/Milk	11 BREAKFAST-Juice, Milk Long John* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)*/Cooked Carrots Fresh Cauliflower BB Sandwich* Strawberry Cup/Milk
14 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Chicken Nuggets* Potato Wedges Fresh Broccoli BB Sandwich* Frozen Fruit Cup/Milk	15 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Baked Potato/Diced Ham Cheese Sauce Steamed Broccoli Dinner Roll* Strawberry Cup/Milk	16 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Hot Dog/Bun* Savory Carrots Tater Tots Rosy Applesauce Milk	17 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Sloppy Joes/Bun* Baked Beans Red Pepper Strips Fresh Fruit Milk	18 NO SCHOOL Good Friday
21 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Italian Sub* w/Cheese Tater Tots Green Beans Applesauce Cup Milk	22 BREAKFAST-Juice, Milk Breakfast Bagel* & Fruit LUNCH-Shrimp Poppers* Broccoli w/Cheese Sauce Cucumber Slices/String Cheese Cinnamon Roll* Mandarin Oranges/Milk	23 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Chicken Wrap* w/Ranch Sweet Potato Fries Fresh Broccoli Graham Crackers* Rosy Applesauce/Milk	24 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Pulled Pork/Bun* French Fries Creamy Cole Slaw Fresh Fruit Milk	25 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit LUNCH-Super Nachos* w/Queso Cheese Refried Beans Red Pepper Strips Diced Peaches/Milk
28 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Pizza* Savory Carrots Fresh Broccoli Strawberry Cup Milk	29 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Chicken Nuggets* Mashed Potatoes/Gravy Cucumber Slices Dinner Roll* Mandarin Oranges/Milk	30 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Cheesy French Bread Pizza* w/Marinara Sauce Baked Beans Red Pepper Strips Rosy Applesauce/Milk	<p><i>Parents may deposit money to their student's meal account in JMC Parent.</i></p> <p><i>Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org</i></p>	

Milk is offered as a part of every meal. Students **DO NOT** have to take milk if they choose not to.

HOWEVER, the student must take a **MINIMUM** of 3 items **AND** they have to have a 1/2 cup of fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fruit, Juice & Milk or 2 pieces of Toast, Juice & Milk.

NV Middle School offers baked and kettle cooked chips, WG rice krispie bar etc. as ala carte items that can be purchased.

Romaine Lettuce/Lite Ranch Dressing and Baby Carrots offered daily.

This institution is an equal opportunity provider.