

Nodaway Valley High School August 2024

Monday

Tuesday

Wednesday

Thursday

Friday

<p style="font-size: small;">Parents may deposit money to their student's meal account in JMC Parent. Click on the JMC Parent tab under Parents on the Nodaway Valley web site at www.nodawayvalley.org</p>			1	2
<p>The Free and Reduced Meals Application is available online or at any office. Ask for information by calling the Superintendent's Office at 641-630-1042 or e-mail jstender@nodawayvalley.org. All information is strictly confidential.</p>				
5	6	7	8	9
<div style="font-size: 4em; font-weight: bold; color: red;">B</div> <div style="font-size: 4em; font-weight: bold; color: blue;">A</div> <div style="font-size: 4em; font-weight: bold; color: purple;">C</div> <div style="font-size: 4em; font-weight: bold; color: green;">K</div> <div style="font-size: 4em; font-weight: bold; color: yellow;">S</div> <div style="font-size: 4em; font-weight: bold; color: cyan;">C</div> <div style="font-size: 4em; font-weight: bold; color: blue;">H</div> <div style="font-size: 4em; font-weight: bold; color: orange;">O</div> <div style="font-size: 4em; font-weight: bold; color: purple;">O</div> <div style="font-size: 4em; font-weight: bold; color: blue;">L</div>				

NV Schools offer skim, 1% white milk and chocolate skim milk daily.

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a fruit or vegetable.

Breakfast option offered daily: Cereal, String Cheese, Fruit, Juice & Milk.

Fresh and/or canned fruit will be offered at breakfast.

Assortment of fruits and vegetables are offered daily at lunch including Romaine or Butterhead Lettuce and Baby Carrots.

This institution is an equal opportunity provider.

