

Nodaway Valley Middle School March 2025



Monday

Tuesday

Wednesday

Thursday

Friday

<p>3 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Meatball Sub* Tater Tots Baked Beans Fresh Apple Milk</p>	<p>4 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Chicken Nuggets* Mashed Potatoes/Gravy Baby Carrots Dinner Roll* Mandarin Oranges/Milk</p>	<p>5 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Bosco Cheese Sticks* w/Marinara Sauce Savory Carrots Cucumber Slices Rosy Applesauce/Milk</p>	<p>6 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Confetti Pancakes* Egg Omelet Hashbrowns/Celery Sticks Banana Milk</p>	<p>7 BREAKFAST-Juice, Milk Long John* & Fruit LUNCH-Macaroni* & Cheese Green Beans Red Pepper Strips BB Sandwich* Strawberries & Peaches/Milk</p>
<p>10 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-BBQ Rib/Bun* Potato Wedges Baked Beans Blushing Pears Milk</p>	<p>11 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Cowboy Cavatini Corn Cucumber Slices Garlic Toast* Mandarin Oranges/Milk</p>	<p>12 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Rodeo Burger/Bun* Onion Rings Broccoli w/Cheese Sauce Rosy Applesauce Milk</p>	<p>13 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Chicken Alfredo* Mixed Vegetables Cucumber Slices Fresh Fruit Milk</p>	<p>14 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit LUNCH-Cheese Pizza* Savory Carrots Red Pepper Strips Strawberry Cup Milk</p>
<p>17 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit NO LUNCH Parent-Teacher Conferences 1:00-9:00 Four-Hour Early Dismissal</p>	<p>18 NO SCHOOL Spring Break</p>	<p>19 NO SCHOOL Spring Break</p>	<p>20 NO SCHOOL Spring Break</p>	<p>21 NO SCHOOL Spring Break</p>
<p>24 BREAKFAST-Juice, Milk Confetti Pancakes* & Fruit LUNCH-Italian Sub* w/Cheese Tater Tots Green Beans Applesauce Cup Milk</p>	<p>25 BREAKFAST-Juice, Milk French Toast* & Fruit LUNCH-Baked Potato/Diced Ham Cheese Sauce Steamed Broccoli Dinner Roll* Strawberry Cup/Milk</p>	<p>26 BREAKFAST-Juice, Milk Sausage Gravy & Biscuit* & Fruit LUNCH-Chicken Potstickers* Rice(Brown)*/Cooked Carrots Red Pepper Strips Rosy Applesauce Milk</p>	<p>27 BREAKFAST-Juice, Milk Breakfast Pizza* & Fruit LUNCH-Pulled Pork/Bun* Potato Wedges Creamy Cole Slaw Fresh Fruit Milk</p>	<p>28 BREAKFAST-Juice, Milk Breakfast Sandwich* & Fruit LUNCH-Cheesy French Bread Pizza* w/Marinara Sauce Baked Beans Baby Carrots Pineapple Tidbits/Milk</p>
<p>31 BREAKFAST-Juice, Milk Breakfast Bites* & Fruit LUNCH-Tangerine Chicken* Rice (Brown)*/Cooked Carrots Fresh Cauliflower BB Sandwich* Blushing Pears/Milk</p>		<p><i>Menus Subject to Change</i></p> <p><i>Milk and Juice Served with Breakfast</i></p> <p><i>Milk Served with Lunch</i></p>	<p><i>Parents may deposit money to their student's meal account with PaySchools, a secure online payment system. Click on the PaySchools link on the Nodaway Valley web site at www.nodawayvalley.org</i></p>	

Milk is offered as a part of every meal. Students DO NOT have to take milk if they choose not to.

HOWEVER, the student must take a MINIMUM of 3 items AND they have to have a 1/2 cup of fruit or vegetable.

Breakfast option offered daily: Cereal, Toast, Fruit, Juice & Milk or 2 pieces of Toast, Juice & Milk.

NV Middle School offers baked and kettle cooked chips, WG rice krispie bar etc. as ala carte items that can be purchased.

Romaine Lettuce/Lite Ranch Dressing and Baby Carrots offered daily.

This institution is an equal opportunity provider.